

# MOUNT HOLYOKE

## Did you know???

You can do riding as a high school team sport! Come find out all about it at our

MOUNT HOLYOKE COLLEGE

Equestrian Center

South Hadley, MA 01075

(413) 538-2493 #1 / [jcollins@mtholyoke.edu](mailto:jcollins@mtholyoke.edu)

[www.mhcriding.com](http://www.mhcriding.com)

## What is IEA???

Interscholastic

## IEA RIDING CAMP

IHSA / NCAA Welcome TOO!

(For competitive Hunt Seat Riders)

Tuesday, Wednesday & Thursday August 17-19,  
2010

- For students entering 8<sup>th</sup> grade – 12<sup>th</sup> grade and riders preparing for College Riding Teams
- Open to riders capable of w-t-c / x-rails to 3'+
- Ride on the flat and over fences with emphasis on Equitation
- Special physical conditioning session Tuesday afternoon
- Thursday Luncheon and IEA information session (open to parents)
- Horse Show competition Thursday afternoon
- Jump Pole Painting Contest with prizes for best poles
- Shirts for all participants

Camp Fee: \$250 – includes riding clinic fees, lectures, horse use, show fees, shirt & Thursday Luncheon.

Riders to wear proper riding attire for lessons including ASTM-SEI helmet, breeches, tall boots, polo shirt, belt and gloves. Riders should wear neat polo shirts for the Thursday Afternoon Show.

Riders will be assigned school horses to ride for each clinic session.  
Camp starts Tuesday at 3 p.m.

Need a registration form? Contact Joy Collins at (413) 538-2493 (#1) [jcollins@mtholyoke.edu](mailto:jcollins@mtholyoke.edu)

# MOUNT HOLYOKE<sup>SM</sup>

MOUNT HOLYOKE COLLEGE  
Equestrian Center  
South Hadley, MA 01075  
(413) 538-2493 #1 / [jcollins@mtholyoke.edu](mailto:jcollins@mtholyoke.edu)  
[www.mhcriding.com](http://www.mhcriding.com)

## IEA Riding Camp Schedule Tuesday, Wednesday & Thursday August 17-19, 2010

### Camp Schedule

#### Tuesday 8/17

3:00 p.m.	Registration and Welcome
3:30 – 4:30	Physical Fitness Workshop
4:30 – 5:00	Course Set up inside
5:00 – 6:30	Jump Pole Design Contest Begins!
6:30 p.m.	Dismissal

#### Wednesday 8/18

8:30 a.m.	General Assembly
8:45-9:30	Pole Painting
9:30-10:00	Snack and Tack up
10:00-11:15	Lesson I – Equitation Basics and Ring Presence
11:15-12:30	Cool down and Pole Paint
12:30 – 1:30	Lunch – riders to bring their own
1:30 – 2:00	Tack up
2:00 – 3:15	Lesson II – Course Jumping
3:15 – 4:45	Cool Down and Clean Tack
4:45 – 6:00	Wrap up and Pole Painting
6:00 p.m.	Dismissal

#### Thursday 8/19

8:30 a.m.	General Assembly
8:45 – 9:30	Finish Pole Painting
9:30- 9:45	Snack and Tack up
10:00-11:00	Lesson III – Flat Work and Gymnastics
11:00 – 11:30	Cool Down
11:30 – 12:15	Pole Presentation and Judging, Show Set Up

12:15 – 1:45

IEA Luncheon Information Session – Awards - Parents welcome!

1:45 -2:00

Tack up for horse show

2:00 – 5:30\*

Lesson IV - Horse Show \*dismissal after rider's classes are over